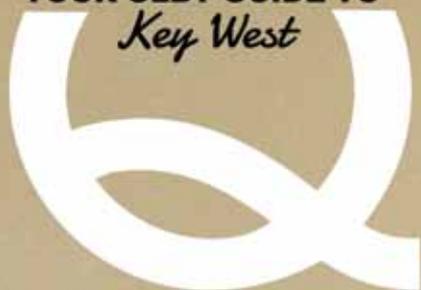


**YOUR GLBT GUIDE TO**

*Key West*



**Q MAGAZINE**

Volume 11 Issue 1  
January 2016



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**BEACH READS**



**MAN ABOUT TOWN**

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## Welcome to Paradise!

In January, the snow may be blowing elsewhere but in Key West, we're out on a boat, laying in the sun, soaking in the pool, or just walking around in shorts, a t-shirt and flip flops.

January is a great month to work on your tan, spend some quiet time at the ocean, take a moonlit walk with someone you care about, or even someone you just met.

Enjoy!

**Contributors:**

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Please see Brief Summary of Patient Information with  
important warnings on the adjacent pages.

## Brief Summary of Patient Information about GENVOYA

GENVOYA (jen-VOY-uh) (elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide) tablets

**Important: Ask your healthcare provider or pharmacist about medicines that should not be taken with GENVOYA.**

There may be new information about GENVOYA. This information is only a summary and does not take the place of talking with your healthcare provider about your medical condition or treatment.

## What is the most important information I should know about GENVOYA?

GENVOYA can cause serious side effects, including:

- **Build-up of lactic acid in your blood (lactic acidosis).** Lactic acidosis may happen in some people who take GENVOYA. Lactic acidosis is a serious medical emergency that can lead to death. Lactic acidosis can be hard to identify early, because the symptoms could seem like symptoms of other health problems. **Call your healthcare provider right away if you get any of the following symptoms, which could be signs of lactic acidosis:**

- feel very weak or tired
- have unusual (not normal) muscle pain
- have trouble breathing
- have stomach pain with nausea or vomiting
- feel cold, especially in your arms and legs
- feel dizzy or lightheaded
- have a fast or irregular heartbeat

- **Severe liver problems.** Severe liver problems may happen in people who take GENVOYA. In some cases, these liver problems can lead to death. Your liver may become large and you may develop fat in your liver.

**Call your healthcare provider right away if you get any of the following symptoms of liver problems:**

- your skin or the white part of your eyes turns yellow (jaundice)
- dark “tea-colored” urine
- light-colored bowel movements (stools)
- loss of appetite for several days or longer
- nausea
- stomach pain

- **You may be more likely to get lactic acidosis or severe liver problems if you are female, very overweight (obese), or have been taking GENVOYA for a long time.**
- **Worsening of Hepatitis B infection.** GENVOYA is not for use to treat chronic hepatitis B virus (HBV). If you have HBV infection and take GENVOYA, your HBV may get worse (flare-up) if you stop taking GENVOYA. A “flare-up” is when your HBV infection suddenly returns in a worse way than before.
  - Do not run out of GENVOYA. Refill your prescription or talk to your healthcare provider before your GENVOYA is all gone.
  - Do not stop taking GENVOYA without first talking to your healthcare provider.
  - If you stop taking GENVOYA, your healthcare provider will need to check your health often and do blood tests regularly for several months to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking GENVOYA.

## What is GENVOYA?

GENVOYA is a prescription medicine that is used without other HIV-1 medicines to treat HIV-1 in people 12 years of age and older:

- who have not received HIV-1 medicines in the past or
- to replace their current HIV-1 medicines in people who have been on the same HIV-1 medicines for at least 6 months, have an amount of HIV-1 in their blood (“viral load”) that is less than 50 copies/mL, and have never failed past HIV-1 treatment

HIV-1 is the virus that causes AIDS.

GENVOYA contains the prescription medicines elvitegravir (VITEKTA®), cobicistat (TYBOST®), emtricitabine (EMTRIVA®) and tenofovir alafenamide.

It is not known if GENVOYA is safe and effective in children under 12 years of age.

**When used to treat HIV-1 infection, GENVOYA may:**

- Reduce the amount of HIV-1 in your blood. This is called “viral load”.
- Increase the number of CD4+ (T) cells in your blood that help fight off other infections.

Reducing the amount of HIV-1 and increasing the CD4+ (T) cells in your blood may help improve your immune system. This may reduce your risk of death or getting infections that can happen when your immune system is weak (opportunistic infections).

**GENVOYA does not cure HIV-1 infection or AIDS.**

You must stay on continuous HIV-1 therapy to control HIV-1 infection and decrease HIV-related illnesses.

## Avoid doing things that can spread HIV-1 infection to others:

- Do not share or re-use needles or other injection equipment.
- Do not share personal items that can have blood or body fluids on them, like toothbrushes and razor blades.
- Do not have any kind of sex without protection. Always practice safer sex by using a latex or polyurethane condom to lower the chance of sexual contact with semen, vaginal secretions, or blood.

Ask your healthcare provider if you have any questions about how to prevent passing HIV-1 to other people.

## Who should not take GENVOYA?

### Do not take GENVOYA if you also take a medicine that contains:

- alfuzosin hydrochloride (Uroxatral®)
- carbamazepine (Carbatrol®, Eptol®, Equetro®, Tegretol®, Tegretol-XR®, Teril®)
- cisapride (Propulsid®, Propulsid Quicksolv®)
- ergot-containing medicines, including: dihydroergotamine mesylate (D.H.E. 45®, Migranal®), ergotamine tartrate (Cafergot®, Migergot®, Ergostat®, Medihaler Ergotamine®, Wigraine®, Wigrettes®), and methylergonovine maleate (Ergotrate®, Methergine®)
- lovastatin (Advicor®, Altoprev®, Mevacor®)
- midazolam, when taken by mouth
- phenobarbital (Luminal®)
- phenytoin (Dilantin®, Phenytek®)
- pimozone (Orap®)
- rifampin (Rifadin®, Rifamate®, Rifater®, Rimactane®)
- sildenafil (Revatio®), when used for treating lung problems
- simvastatin (Simcor®, Vytorin®, Zocor®)
- triazolam (Halcion®)
- the herb St. John's wort or a product that contains St. John's wort

## What should I tell my healthcare provider before taking GENVOYA?

### Before taking GENVOYA, tell your healthcare provider if you:

- have liver problems including hepatitis B infection
- have kidney or bone problems

- have any other medical conditions
- are pregnant or plan to become pregnant. It is not known if GENVOYA can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking GENVOYA.

**Pregnancy registry:** there is a pregnancy registry for women who take HIV-1 medicines during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk with your healthcare provider about how you can take part in this registry.

- are breastfeeding or plan to breastfeed. Do not breastfeed if you take GENVOYA.
  - You should not breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.
  - At least one of the medicines in GENVOYA can pass to your baby in your breast milk. It is not known if the other medicines in GENVOYA can pass into your breast milk.
  - Talk with your healthcare provider about the best way to feed your baby.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. Other medicines may affect how GENVOYA works.

Some medicines may interact with GENVOYA. **Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.**

- You can ask your healthcare provider or pharmacist for a list of medicines that interact with GENVOYA.
- Do not start a new medicine without telling your healthcare provider. Your healthcare provider can tell you if it is safe to take GENVOYA with other medicines.

## How should I take GENVOYA?

- Take GENVOYA exactly as your healthcare provider tells you to take it. GENVOYA is taken by itself (not with other HIV-1 medicines) to treat HIV-1 infection.
- GENVOYA is usually taken 1 time each day.
- Take GENVOYA with food.
- If you need to take a medicine for indigestion (antacid) that contains aluminum and magnesium hydroxide or calcium carbonate during treatment with GENVOYA, take it at least 2 hours before or after you take GENVOYA.

*(Patient information is continued on the next page.)*

## Brief Summary of Patient Information about GENVOYA (Continued from previous page.)

**Important: Ask your healthcare provider or pharmacist about medicines that should not be taken with GENVOYA.**

### How should I take GENVOYA? (continued)

- Do not change your dose or stop taking GENVOYA without first talking with your healthcare provider. Stay under a healthcare provider's care when taking GENVOYA.
- Do not miss a dose of GENVOYA.
- If you take too much GENVOYA, call your healthcare provider or go to the nearest hospital emergency room right away.
- When your GENVOYA supply starts to run low, get more from your healthcare provider or pharmacy. This is very important because the amount of virus in your blood may increase if the medicine is stopped for even a short time. The virus may develop resistance to GENVOYA and become harder to treat.

### What are the possible side effects of GENVOYA?

GENVOYA may cause serious side effects, including:

- **See "What is the most important information I should know about GENVOYA?"**
- **Changes in body fat can happen in people who take HIV-1 medicine.** These changes may include increased amount of fat in the upper back and neck ("buffalo hump"), breast, and around the middle of your body (trunk). Loss of fat from the legs, arms and face may also happen. The exact cause and long-term health effects of these conditions are not known.
- **Changes in your immune system** (Immune Reconstitution Syndrome) can happen when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider right away if you start having any new symptoms after starting your HIV-1 medicine.
- **New or worse kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys before you start and while you are taking GENVOYA. Your healthcare provider may tell you to stop taking GENVOYA if you develop new or worse kidney problems.
- **Bone problems** can happen in some people who take GENVOYA. Bone problems may include bone pain, softening or thinning (which may lead to fractures). Your healthcare provider may need to do tests to check your bones.

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**The most common side effect of GENVOYA is nausea. Tell your healthcare provider if you have any side effect that bothers you or that does not go away.**

- These are not all the possible side effects of GENVOYA. For more information, ask your healthcare provider or pharmacist.
- Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

### General information about the safe and effective use of GENVOYA.

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use GENVOYA for a condition for which it was not prescribed. Do not give GENVOYA to other people, even if they have the same symptoms you have. It may harm them.

This Brief Summary summarizes the most important information about GENVOYA. If you would like more information, talk with your healthcare provider. You can ask your healthcare provider or pharmacist for information about GENVOYA that is written for health professionals.

For more information, call **1-800-445-3235** or go to **www.GENVOYA.com**.

**Keep GENVOYA and all medicines out of reach of children.**

Issued: November 2015

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# HAPPY NEW QUEER!

by: **Brad Loekle**



Well we've made it through, and to, another year. Who would have thunk it? I'm sure many of you have made some New Year's resolutions. Hell, some of you have already broken them, I'm sure! If you have, don't be too hard on yourself. Hell, 52% of marriages end in divorce. So if most of us can't even commit to the biggest commitment there is, it's not surprising when we break our commitment to Weight Watchers. So instead of giving you a list of my commitments, I thought I'd give a list of commitments I think it's high time, as a society, we should agree need to be dumped. And if I happen to list something that you chose as your New Year's resolution, well then, congratulations: you can dump it immediately and we won't judge you! Okay, here we go!

- **THE GYM:** Stop it. Just, stop it. If you barely went last year, you're not going this year. All you're going to do is hog up equipment that people who are actually committed to be healthy need to use. And they NEED to use it. They are terrified of death, illness, being fat, and being alone. That's why they go to a building they pay to walk into so they can run, in place, uphill, to nowhere. They are running from death. They are running from loneliness. They are running to stop the voices in their heads... so please get out of their way. Now, if you already go to the gym fairly regularly and your resolution is to just do more or different gym stuff. That we can all allow. Unless it's Hot Yoga. If you go to the gym 3+ times a week and now you're thinking (or worse, saying) "I'm totally gonna start doing hot yoga"... then you need to sit down and shut up right now. Hot Yoga was invented as a way to try and kill pretentious, hollow white women with too much money and time on their hands. It's like a culling of Caucasian privilege. Don't be that person.

- **BEING NICER/MORE GENEROUS:** I've been hearing this resolution a lot for the past few years. It's Oprah's fault. She

broke us mentally in a lot of ways before we even knew it. And if you make obtuse resolutions like this one, or say things like "I'm just speaking my truth", then you're one of the one's Oprah broke. First of all, let's just talk about the fact that any resolution that's so grandly open-ended leaves you with know way to real measure if you're doing it. You'd be nicer and more generous if you gave 10% of your annual income to charity, for example. So make THAT your resolution. Not "I'm totes gonna be nice this year!" And, let's face it, if you even have to make this a resolution then you're probably a dick to begin with. Most people don't need to remind themselves to not be dicks. Some people do. If you make this resolution you're also, by proxy, admitting to all of us that you're a dick. So if you are a dick, at least be a smart dick and don't advertise it.

• **ALL MAJOR FORMS OF LEARNING:** Now this does not include major commitments like going back to college, training for a new profession, etc. Those are serious undertakings and usually when someone commits to them they see it through. I'm talking about your friend who says, "This year I'm going to read all the classics! A book a week!" or "I'm finally going to learn French so I can take a trip to Provence next year". These people you can poke in the eye and tell them to sit down. First of all, most of us don't read a book a year; so if you're one of those people stop lying to yourself that you're suddenly gonna become the goddamn Reading Rainbow. As for things like learning a language, you should consider the fact you barely pulled a C- in Spanish when you were in High school. And that's before you'd thrown all those brain cells away on Jaeger bombs and The Real Housewives of Atlanta! Also you don't need to know French to go to Provence. You don't need to know any language to go anywhere on vacation. Most of the world speaks English now, at least for tourists, and we're the only people who rarely leave our own country so have faith that the rest of the world is worldlier than you and will help direct you to the "bibliothèque".

*Brad Loekle was a semi-finalist on NBC's "Last Comic Standing". He can be seen every week on TruTV's "World's Dumbest", has written for Joan Rivers on E! "Fashion Police" & tours extensively on Atlantis Events & RSVP cruises.*

**For more on Brad, go to:  
[www.BradLoekle.com](http://www.BradLoekle.com)**

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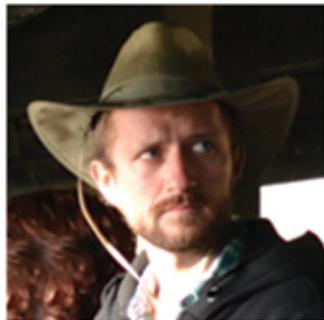
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The **SOLE MAN**  
by JOHN BRANDOLINO

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# ZACHARY MOSES : MAN ABOUT TOWN



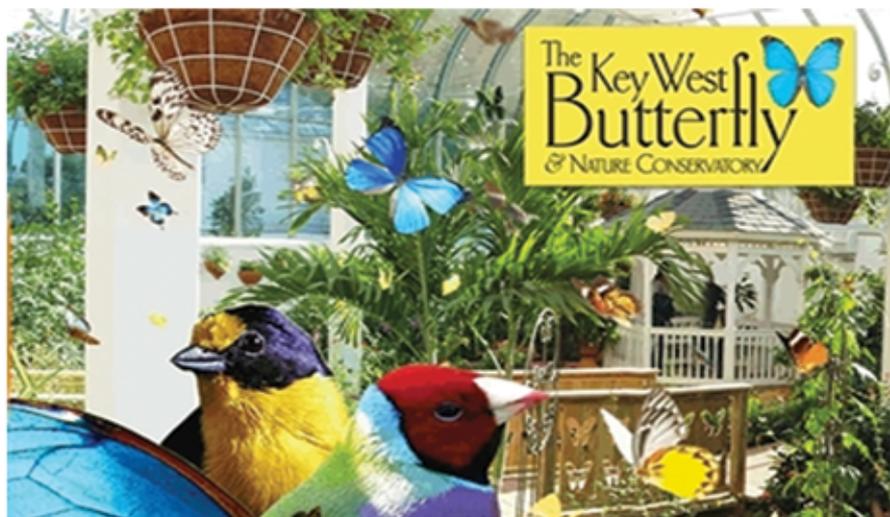
These days I'm not allowed to eat gluten, and my kid is getting really annoyed with me for it.

"Can we get pizza tonight Dad?"...I literally get this question 5 times a week. Ugh...

Who would've ever thought that I'd have to be refusing pizza to my son? It makes me feel like a jerk. I love pizza, it's possibly my favorite food item on earth. I would live in a pizza house if I could. Did you know that Americans eat more pizza than any other food? If you put all of that pizza in a pile, it would be the size of New York City (...I totally pulled that fact out of my ass.)

I tried distracting him. "Hey buddy, how about we go to the Key West Butterfly Conservatory?"

Of course he says yes to me, and that's where we went.



Have you ever been to the Key West Butterfly? It's super amazingly magical! They are located at 1316 Duval. They have butterflies EVERYWHERE!! It's one of the most beautiful experiences you can have in town. Go there, and tell them I sent you.

My son gushed to me about how much he loves it there, and said to me, "after this, can we get pizza tonight?"

GRRRRRRR!!! I was at my breaking point! Then it occurred to me; maybe we CAN get pizza. Gluten free flour exists. Some place in Key West had to make a gluten free crust. This is the 21st century!

I started making calls, and as I suspected, Roostica (5620 MacDonald Ave), a pizzeria on Stock Island, makes gluten free pizza! The owner worries so much about cross-contamination, that he has the dough flown in from Italy, just to make sure that no wheat flour ever touches this perfectly pure dough.

There was absolutely no resisting this. I let my son know that tonight we would definitely have pizza. We got in the car and made the trek to the other side of the island. It took forever to get there...like ten minutes (in Key West, we get the 'island time' effect, and for every one minute of driving to a visitor, it equates to seven minutes to a local. Similar to dog or cat years.)

It was worth the journey. The ambiance was amazing, and the food was spectacular. I've been dreaming of pizza ever since my doctor told me I was allergic to gluten. At Roostica, all the pizza is wood fired...which is amazing because...the fire...um...ha ha...honestly, I have no idea, it's just super incredible.

Get the peperoni. It's the best pepperoni you'll ever have, but be warned, it is spicy. If your mouth hurts, just keep chewing and whatever you do, never show weakness.

My son was so happy that I'd finally gotten him pizza that he said to me, "can we get pizza tomorrow?"

I love being a dad.

***Visit [HeTravel.com](http://HeTravel.com) for more of Zachary's adventures, or to join one of his international gay tours***

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# Q Slang

lol'd irl - When you actually laughed out loud  
That was so funny, i actually lol's irl and woke my roommate.

And then I fucked him in the ass - What you say when you realize that no one is listening to you.  
So, we were walking along, and then I fucked him in the ass.

SFTC - Straight for the cock  
I met Peter in the club and went SFTC.

That good good - A man's dick  
You know I'm getting that good good tonight.

Auto erect - When auto correct turns something sexual  
The fire alarm went off so we all had to ejaculate.... I mean evacuate. Damn auto erect.

Sympathy Boner - When you are comforting a friend and you get an erection.  
I was giving him a hug after he was dumped and totally got a sympathy boner.

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# Beach Reads

LGBT Book Reviews

By:

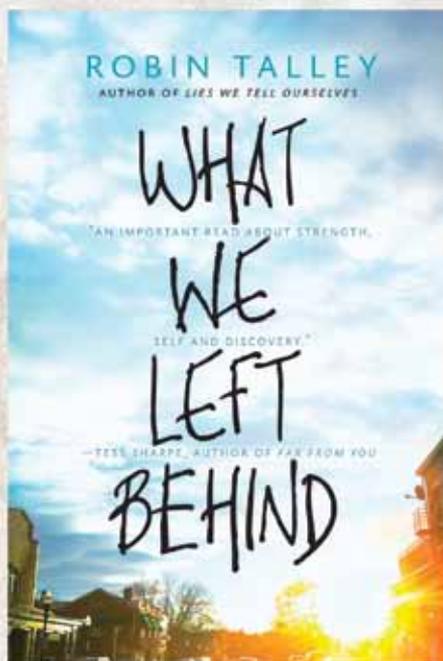
Terri Schlichenmeyer

**“What We Left Behind” by Robin Talley**

c.2015, Harlequin TEEN

\$18.99

416 pages



Years from now, it'll all seem so sweet.

There'll always be a soft place in your heart for your first kiss, your first I-love-you, and for the person who gave them to you. You'll never forget the electricity of holding hands or the rush of being together even after, as in the new novel “What We Left Behind” by Robin Talley, you start to pull apart.

Gretchen Daniels wasn't sure why she didn't tell her girlfriend, Toni, that they'd be attending college in different cities.

Last spring, Toni applied to Harvard and Gretchen applied to Boston University – same city, opposite ends - both reasoning that they could at least spend weekends together. At the last minute, though, Gretchen decided to attend NYU.

She didn't tell Toni until the night before she left.

They were juniors in their all-girl high school when Toni first saw Gretchen at a dance and was instantly in love. Everybody thought they were the cutest couple: Gretchen conferred upon Toni a new-found popularity. Toni taught Gretchen what it was

like to be genderqueer – or, at least she tried.

But the secret that Gretchen held all summer bugged Toni, and she was rightfully upset. She really didn't have much to say to Gretchen, a silence complicated by Toni's immersion into a campus group she joined. Freshmen weren't allowed to be officers of the Undergraduate BGLTQIA Association but upperclassmen let her hang out with them and, under their tutelage, she began to explore labels for herself. She began to think about gender fluidity, and transitioning.

Toni's lack of communication baffled Gretchen, and she discussed it at length with her new BFF, Carroll, a gay man who loved New York as much as did Gretchen. He was just one of the new friends she'd acquired, but she missed Toni and the closeness they had. She didn't quite understand why Toni was questioning so much about herself, and she wasn't sure how she'd fit in her girlfriend's life if Toni became Tony. Would that change, change everything?

Better question: by the end of this book, will you care?

I have my doubts.

"What We Left Behind" is very, very slow; in fact, it sometimes seemed to me that it was twice as long as its 416 pages of overly-detailed, same-old dialogue and young adults who were way too angst-y for my tastes. Yes, these kids do things that only increase the melodrama amongst themselves, which is ultimately not all that interesting but which creates an uneasiness in plot, making most of author Robin Talley's characters mighty unlikeable.

And yet, I persevered. I was hoping to learn something from Toni's gender-questioning. What I got instead was an abundance of language that seemed rather clinical and not always clear. Was that the point? Shrug.

Romance readers may find a tiny smidge of amour here, if they've the time to look for it, but I really wasn't a big fan of this book. For the most part, I think, "What We Left Behind" is a title that should be heeded.

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# WEEKLY EVENTS



## MONDAY

### 801

*Drag Shows at 9 PM and 11 PM*

### Aqua

*Dueling Bartenders at 5:30 PM*

*Drag Show at 9:00 PM*

*Karaoke starting at 11:00 PM*

### Bobby's

*Karaoke starting at 9:30 PM*

### Bourbon

*Dancers on the bar starting at 10 PM*

## TUESDAY

### 801

*Drag Shows at 9 PM and 11 PM*

### Aqua

*Aqua Idol at 6:30 PM*

*Drag Show at 9:00 PM*

*Karaoke starting at 11:00 PM*

### Bobby's

*Karaoke starting at 9:30 PM*

### Bourbon

*Dancers on the bar starting at 10 PM*



**W E D N E S D A Y**

**801**

*Karaoke starting at 6 PM*

*Drag Shows at 9 PM and 11 PM*

**Aqua**

*Drag Show at 9:00 PM*

*Karaoke starting at 11:00 PM*

**Bourbon**

*Jessica Grabbit singing live at 8 PM*

*Dancers on the bar starting at 10 PM*

**Island House**

*Hot Naked Humpdays starting at 5 PM*

**T H U R S D A Y**

**801**

*Karaoke starting at 5 PM*

*Drag Shows at 9 PM and 11 PM*

**Aqua**

*Drag Shows at 7 PM and 9 PM*

*Karaoke starting at 11:00 PM*

**Bobby's**

*Karaoke starting at 9:30 PM*

**Bourbon**

*Jessica Grabbit singing live at 8 PM*

*Dancers on the bar starting at 10 PM*

**F R I D A Y**

**801**

*Drag Shows at 5 PM, 9 PM  
and 11 PM*

**Aqua**

*Happy Hour & Trivia at 5:00 PM*

*Drag Shows at 9 PM and 11 PM*

*Dance Party starting at 11:30 PM*

**Bobby's**

*Karaoke starting at 9:30 PM*

**Bourbon**

*Jessica Grabbit singing live at 8 PM*

*Dancers on the bar starting at 10 PM*

**One Saloon**

*Cock Shock contest starting at  
Midnight*

**S A T U R D A Y**

**801**

*Drag Shows at 5 PM, 9 PM  
& 11 PM*

**Aqua**

*Drag Shows at 7 PM, 9 PM & 11 PM*

*Dance Party starting at 11:30 PM*

**Bobby's**

*Karaoke starting at 9:30 PM*

**Bourbon**

*Pool Party starting at 12 PM*

*Jessica Grabbit singing live at 8 PM*

*Dancers on the bar starting at 10 PM*

**S U N D A Y**

**801**

*Karaoke starting at 5 PM*

*Gay Bingo starting at 5 PM*

*Drag Shows at 9 PM and 11 PM*

*SIN night starts at 10 PM*

**Aqua**

*No Limit Texas Hold 'Em Poker  
at 2:30 PM and 4:30 PM*

*Drag Show at 9:00 PM*

**Bobby's**

*Karaoke starting at 9:30 PM*

**Bourbon**

*Jessica Grabbit singing live at 7 PM*

*Dancers on the bar starting at 10 PM*

**Island House**

*Pre-Tea Pool Party starting at Noon*

**La Te Da**

*Tea Dance starting at 4 PM*

**L O C A T I O N S**

**801** - 801 Duval Street

**Aqua** - 711 Duval Street

**Bobby's** - 900 Simonton Street

**Bourbon** - 724 Duval Street

**Island House** - 1129 Fleming St

**La Te Da** - 1125 Duval Street

**One Saloon** - 514 Petronia St

SNAP



SNAP



SNAP



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MEN ONLY - GARDEN BAR 10PM

**SATURDAY**

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**MONDAY**

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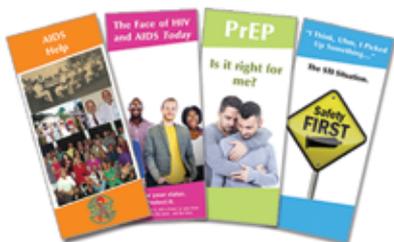
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# Ask Nana



E-mail your questions to [nana@keywestgayrag.com](mailto:nana@keywestgayrag.com)

Dear Nana,

*I'm really body conscious when I go swimming or to a beach or anything where I'll have to have my shirt off. Do you have any advice for me to help me kick this fear?*

Well, sugar bear, let me first tell you something. I've lived a long, long time... some might say too long... and I can tell you that if there's one thing every old person regrets about their whole life up until however old they are it's this: I wish I hadn't cared so much what other people thought or said about me. For some reason most of us always care a ton about what other people think of us and not what we think about ourselves. And trust me, most people aren't thrilled with the way they look, wet, at the pool. A guy with a great body will tell you he hates his hair, or his skin, or his teeth. A girl with amazing boobs will tell you how much she hates her legs. We all do it. In fact, most of the people you see who look like a million bucks naked (and spend that much to get there) are the ones who hated how they looked the most. My advice would be that you sit down and really think about how much that body means to you. If you don't like the way you look to the point of hating it, then it's time to commit to the things you have to do to change that. But, if like most of us, you wish you looked like a super model but you don't really want to eat dust for dinner and live in the gym 6 days a week, then I say stop punishing yourself by the pool and force yourself to strip down! Our bodies aren't going anywhere. We're stuck in them until we die. But we're all a lot more than our bodies too. Trust me, 99% of people at that same beach or pool don't have time to judge your body because they're busy judging their own! Take comfort in that... and take off your top!!!



*Dear Nana,*

*I'm 44 years old and my mother still calls me at least twice a day. I love her dearly and we're very close but my boyfriend, friends, coworkers etc. have all been telling me for years that I need to get her pull it back a bit. I have two siblings that she only calls once or twice a week, so it's clearly me, right? How do I get her to change without breaking her heart?*

First of all, I don't think it will, or should, break your mother's heart. If her heart is really that fragile then I don't know she's lived this long with it in tact in the first place. Also, the only reason your mother is calling you 20 times a week while your siblings only get it once or twice is because you're allowing it to happen. When your little iPhone starts whistling I bet your answer that call within chirps. Your siblings don't, so she's learned if she wants them to answer she should save up her stories for the week and then give them a call on Sunday. Once. The only reason she's still calling you more than she does her other children is because you're picking up more than her other children. That doesn't mean she doesn't love them as much. It doesn't mean they love her less than you do. So the same can be true when you change the dynamic on your end. You only get one mother in this life and it sounds like you lucked out with one you love a lot. But let's be honest, there's really no one on earth we need to call twice a day everyday and there's no one on earth we want calling us that much either. Except maybe that Jude Law young man. He's dreamy. If Jude Law is reading this I want him to know he can call me as much as he wants. So unless your mom is Jude Law, it's time for her to reach out and touch someone.... other than YOU!

*Do you have problems? Of course you do!!  
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Nana@keywestgayrag.com.*

# ROUGH NIGHT?



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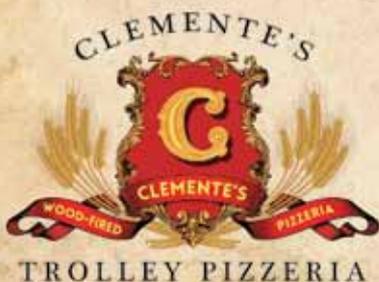
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# Whore--Scopes

## **Aquarius**

**Jan 20 – Feb 18**

Stop blaming others for you being lonely. The truth is, you're a miserable fuck to be around!

## **Pisces**

**Feb 19 – Mar 20**

When you're the only person on the plane that they ask to move due to "weight and balance" issues, it's time to go on a diet.

## **Aries**

**Mar 21 – Apr 19**

I don't know if you're trying to keep away vampires or if you just ate a loaf of garlic bread but it's time for a breath mint.

## **Taurus**

**Apr 20 – May 20**

Suggestions for being a good roommate. Do the opposite of everything you're doing now.

## **Gemini**

**May 21 – Jun 20**

I'm not sure who told you that you could sing, but they lied. No more karaoke, please!!

## **Cancer**

**Jun 21 – Jul 22**

It's only been 10 minutes and you already blew all of your resolutions. That may be a new record even for you.

## **Leo**

**Jul 23 – Aug 22**

Just because it's warm enough for a tank top doesn't mean everyone should wear one. You may want to hit the gym.

## **Virgo**

**Aug 23 – Sep 22**

When you wake up on the couch in a strange house, with an elderly couple offering you coffee, it's probably time to cut back on the drinking.

## **Libra**

**Sep 23 – Oct 22**

I am happy you've embraced the concept of recycling but condoms are a single use item.

## **Scorpio**

**Oct 23 – Nov 21**

It's pretty bad when you keep exceeding your phone data limit and most of that was on Grindr!

## **Sagittarius**

**Nov 22 – Dec 21**

Here's an idea how about you actually talk to the person you're upset with and face the issue rather than posting publicly on Facebook

## **Capricorn**

**Dec 22 – Jan 19**

You are so sad that you use sex as an affirmation that people like you. What's worse is that you're not getting any sex either.

blu



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